



BOB'S SEPTEMBER 2011 NEWSLETTER

September is here, and it has been HOT and DRY. I have really enjoyed my visits this year with all the chapters.

I want to invite you to come to our Fall Meeting on Saturday, November 5, 2011. It starts at 10:00 a.m. at the Center Community Church in Plainfield, IN. I will give you directions in next months' newsletter. I am hoping for a good turnout. This is our Fall Awards Workshop, and TOPS IN 1486 is hosting the event. We plan to reward you for your weight loss for April, May, June, July, August, and September 2011. Attention weight recorders—please have your form filled out and sent to me by the middle of October.

If you need any help, please contact me. I am anxious to help you. Also let me know about any news going on at your chapter. I am happy to put your news in the newsletters. Talk to you next month.

“SEE YOU LIGHTER”

Bob Day-Area Captain days1944@sbcglobal.net

751 Sundown Circle 317-363-7991

Plainfield, IN 46168

BECAUSE YOU ARE WORTH IT

