

IT'S A TOPS, KOPS WORLD

June 28, 2011

Ellen Ashcraft, Area Captain

Summer Workshop

I hope you are making plans to attend our Star Spangled Summer Workshop on Saturday, July 23, 2011. IN 1444 Columbus will be hosting at the beautiful new Mill Race Center in Columbus. The center is located at 900 Lindsey St. in Mill Race Park. We will start with a TOPS Walk in the park at 9:00 AM. You must sign a waiver before you walk. The workshop will start at 9:30 AM.

Fall Workshop

I am looking for chapters to host our Fall Workshops. We will have 3 or 4 workshops in different locations in the area. If you have a facility that would accommodate around 50 people, please contact me for further details. I handle all the awards and registration materials.

IRD (INTERNATIONAL RECOGNITION DAYS)

IRD will be July 7-9 in Milwaukee. You can still register. The registration fee is \$65.00. You may register on line through the TOPS website at www.tops.org and go to the tops store or you can check out IRD registration in the Dec /Jan and in the April/May issue of the TOPS NEWS. Your badge will be held in Milwaukee for pick-up at IRD. I will be attending IRD, but will have access to e-mail if you need to contact me.

Chapter News

New KOPS

IN 0148 Elwood Lou Parkhurst

No Gain Meetings

IN 570 New Castle June 13 10 members 17 pounds lost

IN 1289 Richmond June 4 with 14 members and 13.75 pounds lost. This was their third no gain meeting for the year. They also had no gain meetings on January 22 (12 pounds lost) and February 5 (6.25 pounds lost).

Bob Hayes, leader, reports "We here at 1289 are traveling the "Road to Success" with a big (36"X48") US Map and we're choosing a different state to decorate for each 2lb we lose as a chapter. We're at 56lb and heading upward, or downward, according to your perspective...at any rate we're relieving some pressure on our joints and on the floor and, maybe, breaking fewer chairs. In addition we're individually traveling the State of Indiana by decorating a county for each 1/4lb loss so we'll have lost 23.5 lb when we've finished it (Mine and our Weight Recorder's are finished)"

Please continue to send me your news at eashcraft2@aol.com. Other chapters are encouraged by your successes.