

**TOPS FEBRUARY NEWSLETTER**  
**Mary-Jo Pollard Area Captain      Feb. 19, 2010**

Did someone say "LET IT SNOW, LET IT SNOW, LET IT SNOW " ??? Not sure about you, but I am SO READY FOR SPRING. I know a lot of the chapters have had to cancel meetings because of the weather, hopefully it won't be long and that won't be necessary anymore. I can't wait to see the first buds on the trees, and then I know it won't be long. Spring is when everything comes to LIFE again, so let's make it the same with our weight losses; let's get our life back again, by losing unwanted pounds.  
**I BELIEVE IN YOU.**

Area Captain Fees are now due. Each Chapter pays \$15.00 a year. This pays for the Area Meetings for spring and Fall any workshops, walks, and fun days. Please send a chapter check to:  
**Mary-Jo Pollard**  
**6622 North Wheeling Ave. Muncie, In. 47304**

**Spring Area Meeting :**  
**PLEASE MAKE SURE TO SEND ME YOUR REPORT**  
**FOR AREA MEETING AS SOON AS YOUR LAST**  
**WEIGH IN OF FEB.**

If your chapter is not attending still send in your report so I can see how your chapter is progressing,  
but Mark on the report your chapter won't be there.

**Blackford; Delaware; Grant; Jay; Randolph; Decatur and Geneva**  
**Thursday April 1, 2010    TOPS # IN 1275, Muncie 6:30 p.m.**  
**Theme: "It's my TIME to Cut and Burn in 2010."**

**Madison**  
**TOPS # IN 148, Elwood**

If your chapter is having a open house, graduations, installations, send me a invite, I would love to come and be a part of special events with your chapter.

I still want to help you with your Health Fairs, so let me know when and where and I will be there.

I helped at one in Anderson and Hartford City last year.

**ALL LEADERS have received the information about  
SRD on April 16 & 17**

**Please share with the Chapter, Make sure all the forms are sent in before deadlines. HOW MANY FROM our AREA will be on that STAGE.**

**I know some of you did good last year and I can't wait to honor your hard work. Looking forward to seeing all of you there. If you have any questions about the forms call or email me. PLEASE help members with the cost of SRD that want to attend, if your treasury can afford it. I suggest you do as we do in my chapter, the member pays for their ticket up front, and then once they are at SRD they get their money back, Also we only pay for them if they attend the workshops. We don't pay for a VACATION; this is a learning time for the members.**

**If your chapter has a certain date for me to visit let me know, I will be sending out a list of tentative dates for my visits, weather permitting. The Program this year is "Stress Management" WOW who don't need some of this in their lives. Looking forward to sharing the new program with your chapter. I am here for ALL of you, just give me a call or email.**

**TOPS HUGS Mary-Jo Pollard Area Captain  
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