

June 17, 2010

Hello ALL TOPS AND KOPS members :

Is someone building a boat, with all the rain we might need one soon. Are you doing the cut and burn challenge, are you losing some of them unwanted pounds ??

SAD NEWS: By now I am sure all Chapters know that Doris Simmons will be retiring from Coordinator for our Area, I am not sure who our new Coordinator will be but I know Ruth will pick us a good one. Let's all let Doris hear from us how much we appreciate all the hard work she has done for US and OUR area. She is still going to be in TOPS so we will be able to keep in contact with her at SRD's or phone or emails.

TOPS IN 1275, MUNCIE will be having a OPEN HOUSE in honor of Doris Simmons, our coordinator. All chapters are invited to attend, try to send someone to represent your chapter if possible.

This is my chapter, where we have the Area Meetings (WORKSHOPS) we will furnish refreshments.

The date for the open house will be July 1 from 6-8 pm

Pauline Ave. Church of God 2800 North Pauline Ave. Muncie, In.
From 332 into Muncie, which turns into McGalliard to the KFC (Kentucky Fried Chicken) turn Right down 2 blocks,
little white church on corner. Come, visit and have some refreshments and tell Doris goodbye and appreciate her.

If your chapter can't attend maybe you can all send a card to her. If your chapter wants to show their gratitude to Doris with a gift that is totally up to you. If you need more information just call or email me.

Chapter Visits

I have really been busy visiting chapters here in June, trying to catch up. The ones I still want to visit for June is as follows,

June 21st visit 1297, Anderson in the morning 1085, Farmland that evening.

June 28 visit 137, Marion

June 29th 126, Muncie

Aug. 19 visit 625, Anderson

If your chapter has a date for me to visit please send it to me.

Area Meetings (WORKSHOPS) Date and Themes will be announced later.
Pick dates sometime in Sept. or Oct.

TOPS In 1479 Union City "Hats off to TOPS" (Blackford, Delaware, Jay,
Grant, Randolph)
TOPS In 194, Anderson

How are you doing with the Area Captain's challenge, THE JARS, are you putting in your dimes for the members who show a gain at the end of the month ?? I hope your jars are almost empty. Remember all the jars go to the chapter who shows the best average weight loss....and the Jar I have goes to the one chapter who had the least amount of dimes in it.

Summer is here so hope your out working in your yard, garden, or walking or swimming or riding your bikes. These are all good ways to BURN... and how about drinking water doing these things instead of soda's... way to CUT...See it isn't to hard to CUT AND BURN after all.

I am here if you need me. TOPS HUGS Mary-Jo Pollard Area Captain.
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