SHIRLEY'S AUGUST NEWSLETTER
2011

It's time to be thinking about school starting. We have purchased our folder supplies for the year at the discounted prices. Warm weather seems to be following its tradition here in August. July brought us our first combined meeting as we made our own "Super Salad". IN 200 Lafayette hosted the affair with songs, generous door prizes, and a fabulous time. Thank you, thank you IN 200 Lafayette.

When September closes I want the weight-recorders to quickly send in the due forms starting with the months of: April, May, June, July, Aug. and Sept. If your W/R does not send in these forms, even though you attend the Fall Workshop, you will not receive any awards.

IN 200 Lafayette has given back the traveling trophy so it will be rewarded to the chapter that looses the most (all weigh-ins divided into the number of net pounds lost in the six months).

Two trophies will be awarded to the two top losers that are present at the workshop. The Fall Workshop dates and time will be announced by IN 1445 Lafayette as we get closer to October.

Does anyone have a copy of "My Body" sung to "My Bonnie Lies Over the Ocean" that has more than one verse? Please bring it to the workshop or send a copy to me, please.

On July 19th IN 1185 West Lebanon had an exciting NO GAIN MEETING!!

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(***TOGETHER WE'RE TOPS ***)
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