

SHIRLEY'S DECEMBER NEWSLETTER



Thanks to all who came to the Fall Workshop and we have a hostess for the spring—Kokomo IN 1494! Let's support them by getting our reports in on time and helping out with the program. Mark that SRD is April 13th and 14th.

West Lebanon 1185 had a no gain meeting on October 18th!!

Leadership Skill of the Month

We began the TOPS leadership series last month in the November Newsletter. I am continuing the series in the newsletters. This month, I will present "Rewards." Giving rewards helps people to work at their best and feel appreciated. There are many ways to make people feel appreciated and valued without a high price tag. Rewards are usually based on performance, so most rewards are linked to contests or promotions. Rewards may be given spontaneously for work well done. It's not the reward, but the idea behind the reward that stays in the recipient's mind. TOPS have many different reward-related items that can be given to members. You may also consider other health and wellness related rewards such as exercise, nutrition or general wellness-related items. Here are some suggestions for some inexpensive reward items:

- Gift certificates for wellness-related items like healthy food or exercise wear
- Candles or other aromatherapy products
- Wellness CDs on meditation, exercise or soft/easy listening music
- Book store certificates or books such as self-help books, journals, stationery, pens or calendars
- Spa, museum or movie passes
- Flowers
- Packages of tea or flavored coffee pretty accessories

As we prepare for the season please keep in mind the reason for the season. Enjoy the friends, family time, and services.

"Love has nothing to do with what you are expecting to get, it's what you are expected to give -- which is everything."



Shirley Day-Area Captain
topshirley8-kops@yahoo.com
Sundown Circle
Phone: 317-363-8007
Plainfield, IN 46168

