



Coordinator's Newsletter

May, 2010

Serving Minnesota TOPS Anoka, Benton, Big Stone, Chisago, Douglas, Grant, Hennepin, Isanti, Pope, Ramsey, Sherburne, Stearns, Stevens, Traverse, Washington and Wright Counties

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I want to thank all of the members that attended this years SRD in St. Cloud. Without your support this event would not be possible. **Congratulations** to all state royalty and division winners. Included with this letter is the winners list. Of the 27 state division winners I have 17 of them from my area. Way to go chapters I'm very proud of you.

Congratulations to our new State Queen Joyce Bunn, Queen Runner-Up Wilma Craigmile, State King Dwight Semler and King Runner-Up Geoffrey Hollimon. You are an inspiration to us all.

I also want to congratulate chapter MN 1779, Monticello for their best average loss of 20.62 pounds per member.

Those of you that did attend SRD I hope you got a chance to meet and greet our Regional Director Ruth Gielow. Ruth did an outstanding job with her workshop presentation and her help in the promo-room selling items was unbelievable as some members could tell you. Thank you Ruth.

IRD 2010: "Set Your Sites on Harbour Lights" is being held in Halifax, Nova Scotia on July 15 -17th, 2010. Again I am asking for donations from your chapters to help send our Area Captains to IRD. Our Area Captains do not receive monies from TOPS to attend IRD. The money collected from you will help pay for their airfare and hotel expense. This year all three of my Area Captains will be attending IRD. At Fall Rally each chapter that has donated will be recognized. The donation form is included.

Thank you in advance for your generosity.

Fall Rally: Leaders, Area Captains letters will be arriving soon with summer contest information, registration and locations please make sure you share these with your chapter. I hope to see a great turnout as our Area Captains put a lot of time and effort in putting this event on for you.

Here are the Area Captains name phone number and email addresses:

Vicki Schreiner-Kaiser 320 587-8155 email mnavicki78schlai@mchsi.com

Steve Kaiser 218 330-0525 email steve_tops_ac@msn.com

Diane Carmichael 651 738-2814 email decarma@comcast.net

If your chapter hasn't had a visit by your Area Captain please contact him/her to set up a time for them to come out to share their stress program with you.

I want to welcome my newest chapters. MN 1794 Ortonville, MN 1799 Browns Valley and MN 1800 Alexandria. Welcome to our TOPS Family.

Please visit www.tops.org and www.topspride.org

TOPS Hugs,

Bob Dischinger

