

## **CONGRATULATIONS, WINNERS!**

Your 2009 chapter resume and **royalty and division winner certificates** are enclosed. Please award your winners with a lot of hoopla!! They deserve our support for succeeding! Each year, I can hardly wait for your resumes to arrive so I can see all that TOPS success! You never disappoint me. Will you be a division winner for 2010?

**CHAPTER ELECTIONS** are the first meeting in March and new officers take over the first meeting of April. Please send your officer sheets to me immediately so that I can check them and send them to TOPS. THANKS!

**MN SRD**—make plans now to attend **TOPS SUMMER OLYMPICS** May 21-22 in St Cloud! Be there to be inspired, to learn, to support one another, and to have fun.

**MY LETTERS** are sent electronically so I really need an email address for your chapter so that you receive them. It costs about \$.60 to send a letter. I promise not to send any forwards—just TOPS letters!! Please share my letters with your chapter members; they are for everyone.

**NEW WEIGHT SHEETS** FOR 2010 were sent from TOPS to leaders. Please copy them and use them for recording weights in 2010. They are all white with a T, K, and TR in the upper right corner

### **AREA CAPTAINS NEWS:**

Bernice Names for Ottertail County chapters. Email: [BerniceAC10@hotmail.com](mailto:BerniceAC10@hotmail.com)

Phone: 218-385-3198

Lois Stover for Morrison County

Email: [lmstover@hughes.net](mailto:lmstover@hughes.net)

Phone: 320-632-0975

Carrie Laudенbach for eastern MN

Email: [CarrieTOPSoff.09@yahoo.com](mailto:CarrieTOPSoff.09@yahoo.com)

Phone: 218-969-5804

Contact them—they'd love to visit your chapter to help you in any way *and* present a program! Also more Area Captains are needed—contact me.

**SPRING WORKSHOP** time is coming and we *desperately* need chapters to host them.

*April 17 at Battle Lake is scheduled so far.*

Will your chapter host one? We need a place for about 50 people, coffee and water! Easy?? Yes! Contact me ASAP to schedule, please.

Come prepared to **work** to improve your chapter and your individual efforts.

SPRING WORKSHOP CONTEST:

Create a poster for the theme “*It’s My Time*”

Size: 22” X 28”

One entry per chapter

Winners will be selected by those attending.

Prizes: 1<sup>st</sup> \$10.00 + ribbon

2<sup>nd</sup> \$7.00 + ribbon

3<sup>rd</sup> \$5.00 +ribbon

**IT IS YOUR TIME** Set a goal and go for it! If it’s not time now, when will it ever be?? Plan to hear more at workshop!

**CUT & BURN**—how’s that working for you? I’d love to hear your success stories—please share.

**Check out** [www.tops.org](http://www.tops.org) for forms, cards, chat rooms, programs, etc

[www.topspride.org/Minnesota--All](http://www.topspride.org/Minnesota--All) MN field staff letters, SRD letter, etc

SKIING in CO next week and I am NOT taking my laptop. If you need help, please contact our Regional Director Ruth Gielow at [ruthgielow@aol.com](mailto:ruthgielow@aol.com) or 262-252-5301. I’ll be home 2-27—with nothing broken!!

Your coordinator,

Gwenn Smith #524

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218-246-2180 [gwenn@paulbunyan.net](mailto:gwenn@paulbunyan.net)

February 18, 2010