

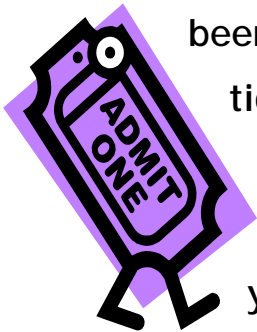
Announcing

MINNESOTA TOPS CHALLENGE TO INCREASE CHAPTER MEMBERSHIP

All TOPS chapters are being challenged to grow their membership. Let's provide TOPS support and friendship to our friends and neighbors; it will be fun!

One Minnesota chapter will win \$75.00 at MN SRD next May and one chapter will win \$250.00 at IRD in Nova Scotia next July. There will be 10 winning chapters at IRD—one for each Regional Director.

How does your chapter enter to win? Every new or former member (who has been out of chapter for one year and membership has lapsed) "earns" a ticket with your chapter name/number on it when their application form is sent to the Coordinator. All tickets will be placed into a container and one winner will be drawn. The more new members you have, the more chances your chapter has to win. This challenge is 100% doable! Together we can do it!!



NOW is the time to begin--- talk to your friends, family and co-workers; have an open house/open meeting; publicize your chapter's success; be a part of health fairs in your community or work place. The possibilities are wide open!! The best way is to be a great example of TOPS--when you talk about your healthier lifestyle, others will listen.

LET'S GO FOR IT, MINNESOTA TOPS MEMBERS!!!

*Your Minnesota Coordinators
Bob, Gwenn and Shari*

