



Fall is almost here



Area Captains TOPS News

Hi TOPS Friends,

Hope everyone is doing well and has been enjoying those nice summer days we had this year, getting that exercise in whatever it is working toward your ultimate TOPS goal. Whether they are weekly or monthly goals those little goals act as a step to reach our goal to become healthier and/or to reach your KOPS goal.

It's so hard to believe that the summer is coming to an end and fall is right around the corner. Since my last letter, 2011 IRD (International Recognition Days) has pasted and we're all getting ready for everyone's Fall Rallies.

Speaking of IRD, I want to give a great big THANK YOU to all the chapters that donated monies to the Area Captains Fund to help defray our expenses when we attended IRD.

"While at IRD, we had a chance to tour the TOPS Headquarters. We saw Esther Manz's old office; Barb Cady's office; the board meeting room and the area where they fill all the orders for charms that is sent to headquarters. "Minnesota Field Staff were represented at IRD by three Coordinators and six Area Captains....we played hard and we worked hard this year.....the overall theme was "Happy Days with TOPS".....there were lots of wonderful speakers and very motivating stories from the 2010 Division Winners and Royalty....The TOPS Dinner was a huge successwith sizzling shows by the "Lounge Chair Drill Team" and "Pantomime" to the tune of "The Hero Within".....two class acts you surely did not want to miss! There were many fun outings throughout the week...Thank s again for your support, financially and other, toward your field staff."

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2011 Fall Rally

[Salvation Army Church](#) @ 2727 Central Ave., Minneapolis, MN

October 8th, 2011 / 9:00am ~ 12:30pm

Come to Minneapolis, have fun, win some prizes with the summer contest and much more. Please volunteer if your chapter has any talent, skits, and poems to go with our theme "Race to Lose"

Still in need or a speaker or two. Please contact me with your ideas.

More information on Fall Rally will come in next letter.

Host Chapter MN 1059, Minneapolis

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RACE TO LOSE



