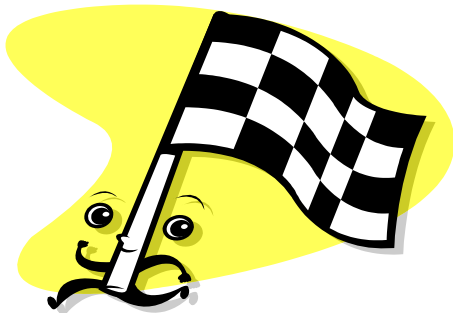




People just don't land on mountaintops ~ they had to climb!



## From the Coordinator's Corner

Hello TOPS Members,

Hope everyone is staying cool. It just does not seem possible that July is almost over already. Where has summer gone?

Plans are coming together for our Fall Rallies and Funshops (Workshops). Hopefully all chapters are planning to attend. They should be fun filled days! We are hoping to have a fantastic turnout! Please see below for a few details.

I'm trying to get out and visit our chapters. Thanks to all who have been so kind in welcoming me. I'll be in touch as I make my rounds.

Until next month, take care, stay focused and follow your dreams on your "Road to Success."

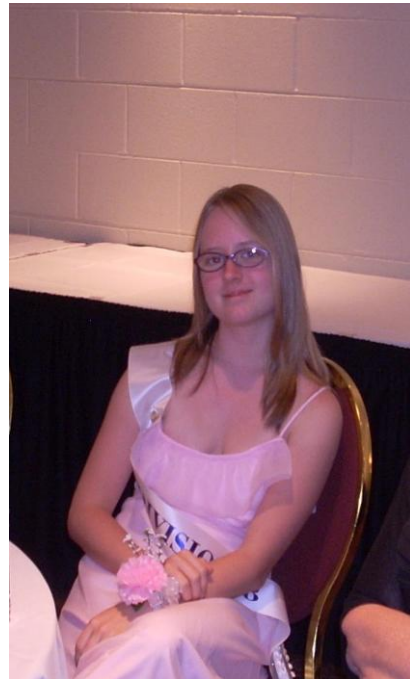
Karen

### **TOPS 'HEART OF OHIO' FALL RALLIES**

**Good news! We've got the dates set for our fall rallies and plans are in motion! The first one will take place on Saturday, October 22, at the Christopher Conference Center located at Coshocton Village Inn and Suites in Coshocton. Our second rally will be on Saturday, October 29, at The Job Center in Dayton. Our third rally will be at the Amish Community Building in West Union on Saturday, November 5. We will keep our "Road to Success" theme going by using a "Road Rally/Stay Out of the Pits" theme. And to honor Linda Gordon's memory, we will be having a Shoebox Float Contest between the chapters. So get those creative juices flowing!**

**Watch your mail for more information and forms for our Rallies.**

Congratulations to OH 2207 Bolivar. This new chapter had their first no-gain meeting on July 7 with a 19 pound loss between seven members. Pretty impressive for a holiday week! Keep up the good work and I challenge many more chapters to see how many no-gain meetings we can have.



**Congratulations, also to our International Division 8 winner, Mary Carson, from OH2151 Cincinnati. Mary bested all the other teens in her Division and represented our State beautifully in Milwaukee at IRD this month. This picture was taken backstage on Saturday morning as she waited to be introduced and honored on stage.**

**Be sure to read Mary's success story (along with all our other winners and International Royalty) in the October issue of "TOPS News."**

**Way to go, Mary ~ we are so proud of you!!!**

**By the way, I was so hoping for an Ohio chapter to win the \$250 for their treasury. Well, I got my wish ~ turns out it was in someone else's area though. A TOPS chapter in Wooster was the recipient of that money but it did make its way to the Buckeye state!**

Affirmations from "Excuses Be Gone" by Dr. Wayne Dyer:

1. It will be difficult. ~ I have the ability to accomplish any task I set my mind to with ease and comfort.
2. It will take a long time. ~ I have infinite patience when it comes to fulfilling my destiny.
3. No one will help me. ~ The right circumstances and the right people are already here and will show up on time.