

January/February



Happy Valentine's Day

I arrive home from my Vacation with Barbara Cady to Hawaii and spending Christmas with my Great Grand Kids in Arizona. Little did I know I would be heading back there on the 7th of January to spend a month overseeing them and two dogs while there parents were out of the country.

I was fortunate to miss much of the cold weather in Wisconsin during January, while it was between 48 and 68 in Arizona. Now I am back to the cold and snow of Wisconsin.

Thanks to all the Weight Recorders who always do an outstanding job with the resumes. It is a big job that they do each year to make sure they get the resumes in on time and they are done correctly. Resume time is always a great time of the year where we get to see the many successes of our members. Congratulations to all of our winners. We look forward to honoring them at SRD and we hope all of you will be joining us in celebrating their success. There are so many great things happening at SRD each year, from great workshops, great stories of inspiration, great motivation. If you have never attended, this is the year for you to participate.

Your SRD committees have sent out the SRD Letter inviting you to attend this special event held each year to honor our annual winners. Please make an effort to be there to show your support for all winners.

Many followed the Road to success, while some of us were slowed down with perhaps flat tires, and didn't have a spare or a friend to help us continue on our journey. Some of us ran off the road, and are wandering in the desert or stuck in a snow bank. We may need help with reading the map, or a shovel to dig ourselves out unless someone out there that can guide them back to the road to success. Did you have car trouble, break down and couldn't find a mechanic or a garage to give you a tow? Any with a chain or rope do get us up and running again?

In your February mailing from TOPS Club Inc, you will be receiving your L-001 Officers Chart. Elections are to take place the first meeting in March and the new officers take over the 1st meeting in April... You will find it a rewarding experience. It is like with life the more you give the more you receive. Make it a team effort!!

The Area Captain has started the year with a Kick Off for New member campaign contacting all the Senior Centers in their area. They were asked to contact 10 however many have contacted 50 or more. Good Job!

The Coordinator each also has a growth for their area plan. And need each chapters help in bringing in new members. Ask your coordinator how you can help. I am sure she will be delighted.

What is your chapter doing to attract new members? Open house, bring a friend, participating in parades, walks , Health fairs, Business expo's, other community events in your area, speaking to the Service organizations in your area, telling your doctor about your successful weight loss, signs in window or in front of where you meet, placing posters on bulletin boards, passing on your TOPS magazine? Placing articles about your successes in your chapter in your local new paper. There are so many little things we can do to bring attention to our organization. Be proud to be a member of TOPS. Tell everyone you meet and then invite them to your meeting

Some of the Coordinators can use some assistance and they have opening for Area Captains. Please contact them for the exact locations and more information. Don't be left out of this great opportunity to serve the members of TOPS. Believe me you will gain more than you give.

Elaine Cottrill	South Eastern Ohio
Connie Crane	Southern Indiana (Evansville Area)
Karen Jones	Southern Ohio
Shari Kieper	Southern Minnesota
Jackie Marks	Southern Wisconsin
Gwenn Smith	Northern Minnesota

Happy Valentine's Day

Ruth

