

Waukesha Area Chapters' Newsletter March 2010

*Please read to members
and distribute copies.*

With the warmer weather to be upon us soon, remember to get out, walk, and drink your water.



SRD 2010: Right around the corner!! SRD 2010 will be at Olympia Resort in Oconomowoc on April 8-10. Any member may still register at SRD for \$30. What a great event to support your fellow members, even ones not at your own chapter. Remember that we are all part of the H.E.A.R.T. of TOPS. Helping Everyone Achieve Results Together.

Can you Help? I am still in need of some hostesses for SRD. These members would stand at the door to check for entry badges, helping participants off the stage, monitoring the hospitality room, etc. If you can give one or two hours of your time, please contact me so I can put you on the schedule. Its great TOPS members that make a great SRD.



Area Meetings: As a reminder, there will now be three area meeting meetings, even though I will be asking you to report quarterly. The dates are May 10, August 9 and November 8. Please use the new form and discard all old forms. I have attached a quarterly reporting form for your use in reporting the results from the first quarter of 2010. This is to be calculated using the last weigh in of December 2009 to the last weigh in of March 2010. This form should be filled out and returned to me by April 20.

The May 10 Waukesha area meeting will include an officers' and members' workshop, along with quarterly awards for both the last quarter of 2009 and the first quarter of 2010. The meeting will begin at 7:00 p.m. and be held at St. John's Lutheran Church (southeast corner of Barker and Davidson Roads).

Area Meeting Fees: This \$15 fee is for the cost of copying, postage, room rentals, etc. for the Waukesha County area meetings. Please remit payment to me, along with your chapter's weight loss pledge, before April 1, 2010. I have attached another copy of the invoice and weight loss pledge form for those who need it.

Chapter Audit: Chapter audits are due to Jackie Marks at the end of March (before new officers come on board). I have attached an audit form for your use. It is self-explanatory and easy to follow.

Weighing In: Reminder that members are allowed to attend their chapter meeting without weighing in, but they must be marked absent (AB) for that date on their chapter weight chart, unless they are on a medical excuse from their doctor.

IRD 2010: IRD 2010 will be in Nova Scotia! July 15-17. See your TOPS News for or the TOPS website for all information.

Monthly Website: The monthly website for March is www.TOPS.org. HAVE YOU HEARD?? TOPS News will now be on line! What a plethora of NEW information the TOPS website contains - It deserves to be the site of the month again!

You can also find information on the website for TOPS of Southern Wisconsin at www.topspride.org/Wisconsin/index.html, as well as copies of my monthly newsletters.

Amy Bowman
TOPS Area Captain
Waukesha County

209 Cambridge Avenue
Waukesha, WI 53188
(414) 651-6164

amy@emilebanksllaw.com

SHOWING TOPS PRIDE... WI 0604 Menomonee Falls

