

THE FORGET - ME - NOT

Issue 4

Newsletter by Carol Holtz, Area Captain
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April 2010

N From the Area Captain

Another SRD has come and gone. What a great time for everyone. Thank you to all who helped at SRD. I also want to thank all who participated at SRD. You never know what will inspire someone to start losing. Thank you for being an excellent example. There were excellent speakers. I really enjoyed hearing about the obesity research that is going on with support from TOPS.

Next years SRD will be held the day before IRD. It will be only a few hours long since all the KOPS can participate during IRD. Due to this, the hotel information will come out right after IRD in Halifax.



STATE NEWS

Our IRD (International Recognition Days) this year will be held in Halifax, Nova Scotia on July 15-17. If interested, you can check it out on www.topspride.org. There is room for a few more.

SRD (State Recognition Days) for 2011 will have the theme "Happy Days with TOPS." It will be held on July 6th, the day before IRD, in Milwaukee. We are looking for a number of volunteers from singers to EMT/Medical personnel, from host/hostesses to people to work promotion or hospitality rooms. If you can help please let Ruth Gielow or a field staff member know. I hope that many of you are planning on coming to this amazing event. You have plenty of time to plan for this event. I am hoping to arrange for a bus to avoid most of the driving for any interested persons. Let me know if you are interested in having a bus. I want to see if there is enough interest to put this together.

LOCAL NEWS

The Queen for WI this year is Ruth Olsen of WI 0611 Brookfield with an 84 lbs loss. The Queen Runner-up is Barbara Jean Flanagan of WI 0313 Oak Creek with 75.75 lbs loss. The King is Roscoe Tackett of WI 0047 Fond du Lac with a 50 lbs loss. We had a division 2, 2nd Place winner, Jean Lechmaier of WI 1013 Rib Lake with 57.25 lbs loss. WI 0222 Hudson won the Best Average Loss per Member with each member losing 13.87 lbs. The KOPS that were honored from our area are 1 year KOPS- Irene Boyd of WI 0127 Antigo and Robert Pripps (out-going King) of WI 1478 Springstead. 2 year KOPS- Jeri Kennedy of WI 1013 Rib Lake and Joyce Patzer of WI 1478 Springstead. A 4 year KOPS, Luanne Yanko of WI 1013 Rib Lake. A 6 year KOPS, Ray Simmonds of WI 0985 Woodruff. An 8 year KOPS, Eileen Gottwald of WI 1478 Springstead. A 19 year KOPS, Judy Bielke of WI 0127 Antigo. A 31 year KOPS, Jeanne Darling of WI 0127 Antigo. You make all of us proud. Keep up the good work and hope to see you at IRD in 2011.

The Spring Fling quarterly will be hosted by WI 0751 Rhinelander on May 1st. Your chapter's invitation is included with this mailing.

I am looking for a chapter to host the summer quarterly in July or August. I am also looking for a chapter to host the Fall Rally in October. Let me know if you can help.

Reminders:

The next quarterly forms are due in to me by July 15th.

Please check the preliminary chapter visit schedule that is included with this letter to see if it works with your chapter. Let me know as soon as possible if a change needs to be made.



Calendar 2010

April

19th - chapter visit with WI 0813 Schofield and WI 0683 Wausau

May

1st - **Spring Fling (quarterly meeting)**

20th - WI1019 Florence 29th Anniversary

23rd - WI1411 Niagara 12th Anniversary

June

4th - 6th - Retreat in Beech Groove, IN

6th - WI1478 Springstead 4th Anniversary

6th - 11th - Retreat in Carolina, AB

July

10th - Janet Turney WI0949 Rhinelander (42 years)

15th - 17th - IRD in Halifax, Nova Scotia

16th - WI0751 Rhinelander 36th Anniversary

August

13th - Dorothy Wysocki WI0095 Schofield (42 years)

13th - 15th - Retreat in Strasbourg, Saskatchewan

22nd - 27th - Retreat in Wirtz, WA

26th - WI0845 Merrill 24th Anniversary

September

11th - Jean Soberg WI0813 Schofield (41 years)

12th-17th - **Men's retreat in Aurora, NE**

13th - WI0683 Wausau 38th Anniversary

16th - WI0644 Phillips 39th Anniversary

17th - 19th - Retreat in Detroit Lakes, MN

25th - WI1133 Prentice 25th Anniversary

29th - WI0095 Schofield 42nd Anniversary

October

1st - 3rd - Retreat in Dingmans Ferry, PA

14th - WI0756 Tomahawk 36th Anniversary

14th - WI1304 Wabeno 19th Anniversary

November

2nd - WI0904 Stratford 33rd Anniversary

3rd - WI0798 Merrill 35th Anniversary

December

27th - WI0378 Park Falls 43rd Anniversary

If you would like any dates added to this

calendar let me know. I will be adding more dates as I start to line up my chapter visits for this year. If you have a date in mind already, let me know and I will do my best to accommodate you.

Leaders Corner

I will be trying to help you with contests and ideas for your meetings. I am going to be pulling many of these ideas from the TOPS website. If you have anything you want to share with the other chapters, let me know and I will put it in this section.

Today I sent you a Quick & Easy Contest that came from the leader's corner on the TOPS website titled "Get Ready, Get Set, Get Stepping". I hope that this easy and short contest can really help get a person back on track with their weight loss. I hope that you enjoy it.