

THE FORGET - ME - NOT

Issue 6

Newsletter by Carol Holtz, Area Captain

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N From the Area Captain

How is your summer going? Are you getting out and enjoying the weather? That is when it isn't raining. Remember, that when you are outside exercising or working, to drink plenty of water and be careful of the sun. This is a great way to reduce ones stress levels. For those who have seen my presentation, remember to "just breathe".

I am well on my way to getting all my chapters visited. Thank you to the chapters that I have already visited for the help with gas money. It is greatly appreciated.

The program I am presenting when I come to visit your chapter is called "Stress Management". So far it has been well received.



STATE NEWS

Our IRD (International Recognition Days) this year will be held in Halifax, Nova Scotia on July 15-17. If interested, you can check it out on www.topspride.org.

SRD (State Recognition Days) for 2011 will have the theme "Happy Days with TOPS." It will be held on July 6th, the day before IRD, in Milwaukee. We are looking for a number of volunteers from singers to EMT/Medical personnel, from host/hostesses to people to work promotion or hospitality rooms. If you can help please let Ruth Gielow or a field staff member know. I hope that many of you are planning on coming to this amazing event. You have plenty of time to plan for this event. I am hoping to arrange for a bus to avoid most of the driving and parking expenses for any interested persons. Let me know if you are interested in having a bus. I haven't gotten much feed back as of so far. I want to see if

there is enough interest to put this together.

LOCAL NEWS

WI 1019 Florence has stepped forward to host the Summer Rendezvous (quarterly). It is planned for July 17th. We know that it can be quite a drive for some chapters, but my chapter would like people to see where their area captain lives. We would like to share our little piece of the northwoods with you. I hope that many of you can make it. The invitation is included with this letter.

WI 0127 Antigo has asked to host the Fall Rally. It will be held October 9th. There will be more information coming. Just mark the date on your calendars.

Reminders:

The next quarterly forms are due in to me by July 15th.

I have posted the chapter visits on the calendar page so please take note of when I am coming to visit you.



Calendar 2010

June

22nd- WI 0751 and 0949 Rhinelander and WI 0095 Schofield

July

6th- chapter visit WI 1478 Springstead

10th- Janet Turney WI0949 Rhinelander (42 years)

15th- 17th- IRD in Halifax, Nova Scotia

16th- WI0751 Rhinelander 36th Anniversary

17th-Summer Rendezvous Florence

22nd- chapter visit WI 1133 Prentice

28th- chapter visit WI1411 Niagara and WI 1019 Florence

August

5th- chapter visit WI 0985 Woodruff and WI 0644 Phillips

12th- chapter visit WI 0127 and WI 0950 Antigo

13th- Dorothy Wysocki WI0095 Schofield (42 years)

13th- 15th- Retreat in Strasbourg, Saskatchewan

18th- chapter visit WI 0756 Tomahawk and WI 0378 Park Falls

22nd- 27th- Retreat in Wirtz, WA

26th- WI0845 Merrill 24th Anniversary

26th- chapter visit WI 0087 Eagle River

September

11th- Jean Soberg WI0813 Schofield (41 years)

12th-17th- Men's retreat in Aurora,NE

13th- WI0683 Wausau 38th Anniversary

16th- WI0644 Phillips 39th Anniversary

17th- 19th- Retreat in Detroit Lakes, MN

25th- WI1133 Prentice 25th Anniversary

29th- WI0095 Schofield 42nd Anniversary

October

1st- 3rd- Retreat in Dingmans Ferry, PA

9th- Fall Rally Antigo

14th- WI0756 Tomahawk 36th Anniversary

14th- WI1304 Wabeno 19th Anniversary

November

2nd- WI0904 Stratford 33rd Anniversary

3rd- WI0798 Merrill 35th Anniversary

December

27th- WI0378 Park Falls 43rd Anniversary

If you would like any dates added to this calendar let me know.

Leaders Corner

I will be trying to help you with contests and ideas for your meetings. I am going to be pulling many of these ideas from the TOPS website. If you have anything you want to share with the other chapters, let me know and I will put it in this section.

Today I sent you a Quick & Easy contest that came from the leader's corner on the TOPS website titled "Pay for Pounds". I hope that you enjoy it.