

MERRY CHRISTMAS & HAPPY NEW YEAR from your Coordinator Diane Stoetzel – Dec. 2011

Dear TOPS Members,

Thank you to all who attended a Fall Rally in your area. It was wonderful to see so many of you. Now it's time to plan for the upcoming holiday season with shopping, decorating, food preparation and the Triple Crown incentive. Be sure to take care of yourself with some extra exercise and healthy eating.

The Triple Crown incentive to earn a silver or gold crown pinette runs from November 28, 2011 through January 6, 2012. Weight recorders: only send the completed form for winners to your Area Captain after your weigh-in the week of January 2. Good luck!

Farewell to Area Captain Bev Leppala. She is retiring on 12-31 after serving TOPS as Field Staff since 8-1-1990. She will remain as her chapter leader and KOPS member. Thanks, Bev, for your dedication and many years of service. Enjoy your retirement.

Welcome to a new chapter: WI 1533 Mosinee. They chartered on 11-10-11 with 6 new members. Thanks to Area Captain Carol Holtz for helping them get up and running. Welcome ladies.

Welcome a new Field Staff: It is my pleasure to announce that we have a new Area Captain starting on 1-1-12. She is Earlynn (Lynn) Beard. She lives in Sarona and attends WI 232 Spooner where she is the leader.

A new year with changes in field staff also means changes in area responsibility for the Area Captains. Enclosed is a new map of our area with the initial of the captain responsible for that county or split county plus contact address, e-mail and phone numbers.

If you will be having a different Area Captain in 2012, she will send you the quarterly form to use to report your 4th quarter results.

Additional Enclosures:

1. A 2012 bookmark calendar is included for each leader as a small token of my appreciation for your work and dedication during 2011. Many thanks.
2. Also enclosed is a 2-sided page with the results from the November Board of Directors meeting. Please share with all members and make copies as needed.

Membership Increase: All full-price memberships, new & renewals, will increase to \$28 on 1-1-12. Half price and teens with no TOPS News will be \$14. Now is the

time to be sure all 2011 memberships are paid and up to date. You may continue to use the old application forms – just change the amount paid to \$28 or \$14.

Resumes: Yes, it's time to get new weight charts ready for 2012. They were sent to the leaders. Make additional copies, if needed. Follow the Chapter Manual – Chapter 9, pages 47 – 52 to find your division winners, royalty and average loss per member for 2011. Complete both sides of one of the L-010 Chapter Resume and then make 2 additional copies. Don't try to re-write all info 3 times as that causes errors. If your chapter has any male winners, you must also complete a second resume for them – also making 2 copies.

Please send me all original weight charts for both KOPS & TOPS (do not include travel charts) along with the completed resume (3 pages) as soon after the last weigh-in of December as possible. The absolute **deadline to mail is: Saturday, January 7, 2012.**

If you have any difficulties or questions, just call me. If you can't get the resume done in time, just send me the original weight charts and I'll be happy to do the resume for you. I love finding winners.

Chapters with digital scales: Remember to convert and round up the first and last weight of the year to quarter pound increments – .25, .50, .75 or a whole number.

Membership Incentive: There are still a few weeks to bring in more new members and earn a free 5th membership. An added bonus is the offer of buying 5 Choice Is Mine books for \$25. Keep up the good work.

Speaker: Member Beth Cornelius of WI 939 Suamico is willing to be a speaker for us. She has a great wgt loss story to tell plus topics on health, fitness, exercise or her recent TOPS retreat. Please contact her at 920 662-9291 or cornab@sbcglobal.net. Be kind and offer some gas money or a speaker fee if you ask her to speak.

Thank you: I want to thank everyone for being such great TOPS members. I love getting your notes, cards and hugs at our events. You make my job fun and rewarding. I want to send a special thanks to all the officers. We couldn't get along without you and the excellent jobs you do.

Enjoy your holidays, family and festivities. My thought for the day: Live each day for what it truly is a gift!!

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