

Patricia Akey
3630 Lincoln St.
Wisconsin Rapids, WI 54494
E-mail: patriciaakey@yahoo.com
Telephone: (715) 423-9743

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Dear TOPS Chapter Members,

Can you believe it? March came in and went out like a lamb! Living in Wisconsin, that is quite an unusual happening. We TOPS members should be taking full advantage of this gift by engaging in all the outdoor activities possible. Once again, we are reminded that the best things in life are free.

Now for the news of the month...there are three important dates to remember:

- 1. The Quarterly Weight Reports are due on or before April 15.**
- 2. The annual audit report and a copy of your chapter's March bank statement must be sent into Diane Stoetzel, our Coordinator, this month. If you are in need of the audit form, it can be downloaded at the TOPS website by your chapter leader, or if you do not have access to a computer, please let me know and I will forward one to you in the mail.**
- 3. Our next quarterly meeting will be held on Thursday, April 29, in the lower level of Riverview Hospital in Wisconsin Rapids. Registration will begin at 6:00 p.m., with the Call to Order at 6:30 p.m.**

State Recognition Days are fast approaching (April 8 through 10 in Oconomowoc). If you are attending, I will see you there. If you are unable to come, I will look forward to seeing you in the next few months when I make my annual visit to your chapter. Until that time, be true to yourself by eating healthy, exercising, and enjoying the best things in life.

I care about you!
Hugs,

Pat Akey
Area Captain